Reflection

After reading, watching and hearing about Good Samaritans today, find a comfortable space, play the accompanying reflective music and consider the questions below. You may wish to respond through personal reflection and prayer, in discussions with others, through writing, drawing or any other creative medium.

The Good Samaritan Benedictine charism is characterised by the values it embraces as being central to daily living.

Love of Christ and Neighbour	Stability	Conversatio
Obedience	Balance	Humility
Stewardship	Hospitality	Community Justice and Peace

While some are commonly used terms, these values take on new vibrancy and depth when viewed through the Good Samaritan Benedictine lens.

- **How were some of these values evident in the stories you saw and listened to?**
- **Which of the values resonates most closely with you?**
- **Are there some you find jarring in a 21st century context?**
- **How are some of these values present in your life now?**
- **How would you like to develop them further?**