

# Reflection:

**After reading, watching and hearing about the vowed life of a Sister of the Good Samaritan,** find a comfortable space, play the accompanying reflective music and consider the questions below.

You may wish to respond through personal reflection and prayer, in discussions with others, through writing, drawing or any other creative medium.



**Vows can take many shapes and are understood in a variety of ways.** They can be referred to as Marriage vows, vows of abstinence, religious vows or Covenants, or oaths. Vows can be seen as a solemn promise to do something, or a dedication to a deity.

**For a Sister of the Good Samaritan it is a public acknowledgement of her desire to seek God.**

**The vow formula is**

*In the name of Our Lord Jesus Christ and under the protection of Mary Mother of God, I ....., vow to God, stability, conversion of my life and obedience, according to the Rule of St Benedict and the Constitutions of the Sisters of the Good Samaritan. I make this solemn dedication of the rest of my life in the presence of you, my Superior, and all here assembled. I promise, moreover, to observe community life and to dedicate myself to all such works of charity as may be assigned to me by obedience*

## Reflection Questions

As you begin to work or partner with the Sisters of the Good Samaritan, what is striking you about this vowed Religious life?

Reflect on your own experience of a vowed life? E.g. Marriage (your own, your parents, your friends). In what ways, do you think, a vowed religious life is the same/different?

How might working/partnering with the Sisters of the Good Samaritan support and/or challenge your own values?